

26 400m Freestyle Women Heat

Official

13 Years New Zealand Short **4:22.52**
 13NZR Course Record
 2017-10-04

Erika Fairweathe..
 NEPOT

14 Years New Zealand Short **4:14.76**
 14NZR Course Record
 2018-08-11

Erika Fairweather
 NEPOT


Open New Zealand Short **3:55.16**
 NZR Course Record
 2013-08-08 Netherlands

Lauren Boyle
 UNIAK








18 Years New Zealand Short **3:56.00**
 18NZR Course Record
 2022-12-13

Erika Fairweather
 NEPOT



Show more

 Entries  Heats

Total

Rank	Competitor	Age	Club	RT	FINA	Result	
1	 Fairweathe...	19	 Neptune S...	+0.75		4:06.39 Entry: 3:53.82 (+ 12.57)	Q
	25m: 13.24	50m: 28.10 (14.86)					
	75m: 43.52 (15.42)	100m: 59.14 (15.62)					
	125m: 1:14.71 (15.57)	150m: 1:30.42 (15.71)					
	175m: 1:46.22 (15.80)	200m: 2:01.95 (15.73)					
	225m: 2:17.61 (15.66)	250m: 2:33.35 (15.74)					
	275m: 2:49.23 (15.88)	300m: 3:05.02 (15.79)					
	325m: 3:20.72 (15.70)	350m: 3:36.24 (15.52)					
	375m: 3:51.58 (15.34)	400m: 4:06.39 (14.81)					
2	 Deans Caitlin	23	 Neptune S...	+0.78		4:08.07 Entry: 4:05.00 (+ 3.07)	Q
	25m: 13.89	50m: 28.99 (15.10)					
	75m: 44.25 (15.26)	100m: 59.82 (15.57)					
	125m: 1:15.33 (15.51)	150m: 1:30.90 (15.57)					
	175m: 1:46.49 (15.59)	200m: 2:02.20 (15.71)					
	225m: 2:18.01 (15.81)	250m: 2:33.71 (15.70)					
	275m: 2:49.43 (15.72)	300m: 3:05.25 (15.82)					
	325m: 3:21.14 (15.89)	350m: 3:36.88 (15.74)					
	375m: 3:52.53 (15.65)	400m: 4:08.07 (15.54)					
3	 Allott Keira	18	 Mt Maunga...	+0.78		4:14.38 Entry: 4:11.43 (+ 2.95)	Q
	25m: 14.22	50m: 29.53 (15.31)					
	75m: 45.36 (15.83)	100m: 1:01.29 (15.93)					
	125m: 1:17.42 (16.13)	150m: 1:33.40 (15.98)					
	175m: 1:49.65 (16.25)	200m: 2:05.93 (16.28)					
	225m: 2:22.17 (16.24)	250m: 2:38.34 (16.17)					
	275m: 2:54.64 (16.30)	300m: 3:10.81 (16.17)					
	325m: 3:26.87 (16.06)	350m: 3:42.84 (15.97)					
	375m: 3:58.97 (16.13)	400m: 4:14.38 (15.41)					
4	 Essam (V) ...	21	ACU Blackt...	+0.80		4:17.01 Entry: 4:11.46 (+ 5.55)	Q
	25m: 14.48	50m: 30.43 (15.95)					
	75m: 46.49 (16.06)	100m: 1:02.73 (16.24)					
	125m: 1:19.04 (16.31)	150m: 1:35.25 (16.21)					
	175m: 1:51.54 (16.29)	200m: 2:07.75 (16.21)					
	225m: 2:24.04 (16.29)	250m: 2:40.40 (16.36)					

275m: 2:56.60 (16.20) 300m: 3:12.92 (16.32)
325m: 3:29.25 (16.33) 350m: 3:45.53 (16.28)
375m: 4:01.73 (16.20) 400m: 4:17.01 (15.28)

5  **Heath Ruby** 23  **Neptune S...** +0.69 **4:17.32** Q
Entry: 4:13.49 (+ 3.83)

25m: 13.98	50m: 29.63 (15.65)
75m: 45.73 (16.10)	100m: 1:01.95 (16.22)
125m: 1:18.03 (16.08)	150m: 1:34.33 (16.30)
175m: 1:50.54 (16.21)	200m: 2:06.93 (16.39)
225m: 2:23.12 (16.19)	250m: 2:39.45 (16.33)
275m: 2:55.89 (16.44)	300m: 3:12.48 (16.59)
325m: 3:29.02 (16.54)	350m: 3:45.54 (16.52)
375m: 4:01.73 (16.19)	400m: 4:17.32 (15.59)

6  **Bennett Br...** 16  **Vikings Swi...** +0.77 **4:19.42** Q
Entry: 4:17.87 (+ 1.55)


25m: 14.08	50m: 29.33 (15.25)
75m: 45.02 (15.69)	100m: 1:00.81 (15.79)
125m: 1:17.15 (16.34)	150m: 1:33.27 (16.12)
175m: 1:49.71 (16.44)	200m: 2:06.06 (16.35)
225m: 2:22.75 (16.69)	250m: 2:39.35 (16.60)
275m: 2:56.04 (16.69)	300m: 3:12.89 (16.85)
325m: 3:29.63 (16.74)	350m: 3:46.58 (16.95)
375m: 4:03.36 (16.78)	400m: 4:19.42 (16.06)

7  **Osborne S...** 18  **North Shor...** +0.68 **4:19.72** -
Entry: 4:14.26 (+ 5.46)

25m: 13.55	50m: 28.93 (15.38)
75m: 44.59 (15.66)	100m: 1:00.56 (15.97)
125m: 1:16.65 (16.09)	150m: 1:32.91 (16.26)
175m: 1:49.31 (16.40)	200m: 2:05.99 (16.68)
225m: 2:22.63 (16.64)	250m: 2:38.99 (16.36)
275m: 2:55.62 (16.63)	300m: 3:12.28 (16.66)
325m: 3:29.22 (16.94)	350m: 3:46.34 (17.12)
375m: 4:03.00 (16.66)	400m: 4:19.72 (16.72)

8  **Wansbroug...** 17  **Aquabladz ...** +0.80 **4:20.89** Q
Entry: 4:16.54 (+ 4.35)

25m: 14.06	50m: 29.92 (15.86)
75m: 46.18 (16.26)	100m: 1:02.97 (16.79)
125m: 1:19.44 (16.47)	150m: 1:36.17 (16.73)
175m: 1:52.78 (16.61)	200m: 2:09.61 (16.83)
225m: 2:26.30 (16.69)	250m: 2:43.02 (16.72)
275m: 2:59.43 (16.41)	300m: 3:15.64 (16.21)
325m: 3:31.71 (16.07)	350m: 3:48.37 (16.66)
375m: 4:04.97 (16.60)	400m: 4:20.89 (15.92)

9  **Emmett Oli...** 15  **Hamilton Aq...** +0.74 **4:21.90** Q
Entry: 4:19.00 (+ 2.9)

25m: 13.66	50m: 28.55 (14.89)
75m: 44.21 (15.66)	100m: 1:00.25 (16.04)
125m: 1:16.99 (16.74)	150m: 1:33.73 (16.74)
175m: 1:50.67 (16.94)	200m: 2:07.36 (16.69)
225m: 2:24.22 (16.86)	250m: 2:41.34 (17.12)
275m: 2:58.25 (16.91)	300m: 3:15.03 (16.78)
325m: 3:31.97 (16.94)	350m: 3:48.66 (16.69)
375m: 4:05.80 (17.14)	400m: 4:21.90 (16.10)

10  **Hay Sophie** 16  **Hamilton Aq...** +0.77 **4:23.09** Q
Entry: 4:21.00 (+ 2.09)

25m:	14.48	50m:	29.98 (15.50)
75m:	45.76 (15.78)	100m:	1:01.83 (16.07)
125m:	1:17.97 (16.14)	150m:	1:34.58 (16.61)
175m:	1:51.44 (16.86)	200m:	2:08.26 (16.82)
225m:	2:24.98 (16.72)	250m:	2:41.93 (16.95)
275m:	2:58.99 (17.06)	300m:	3:15.99 (17.00)
325m:	3:32.81 (16.82)	350m:	3:49.72 (16.91)
375m:	4:06.82 (17.10)	400m:	4:23.09 (16.27)

11  Tapper Mila...

17  St Peter's S... +0.72

4:23.61
Entry: 4:17.05 (+ 6.56) -

25m:	14.14	50m:	30.22 (16.08)
75m:	46.52 (16.30)	100m:	1:02.95 (16.43)
125m:	1:19.46 (16.51)	150m:	1:36.17 (16.71)
175m:	1:52.84 (16.67)	200m:	2:09.85 (17.01)
225m:	2:26.91 (17.06)	250m:	2:43.91 (17.00)
275m:	3:00.95 (17.04)	300m:	3:17.88 (16.93)
325m:	3:34.62 (16.74)	350m:	3:51.48 (16.86)
375m:	4:07.69 (16.21)	400m:	4:23.61 (15.92)

12  Tassicker N...

17  Nga Tai Tu... +0.75

4:24.20
Entry: 4:20.98 (+ 3.22) -

25m:	14.00	50m:	29.74 (15.74)
75m:	45.69 (15.95)	100m:	1:02.16 (16.47)
125m:	1:18.69 (16.53)	150m:	1:35.57 (16.88)
175m:	1:52.21 (16.64)	200m:	2:08.99 (16.78)
225m:	2:25.97 (16.98)	250m:	2:43.01 (17.04)
275m:	2:59.65 (16.64)	300m:	3:16.46 (16.81)
325m:	3:33.18 (16.72)	350m:	3:50.50 (17.32)
375m:	4:07.62 (17.12)	400m:	4:24.20 (16.58)

13  Harrison (V...

21 ACU Blackt... +0.72

4:24.45
Entry: 4:16.56 (+ 7.89) Q

25m:	13.99	50m:	29.61 (15.62)
75m:	45.57 (15.96)	100m:	1:01.95 (16.38)
125m:	1:18.24 (16.29)	150m:	1:34.90 (16.66)
175m:	1:51.86 (16.96)	200m:	2:08.48 (16.62)
225m:	2:24.92 (16.44)	250m:	2:41.68 (16.76)
275m:	2:58.58 (16.90)	300m:	3:15.92 (17.34)
325m:	3:33.16 (17.24)	350m:	3:50.60 (17.44)
375m:	4:07.94 (17.34)	400m:	4:24.45 (16.51)

14  De Coster ...

15  St Paul's S... +0.67

4:24.75
Entry: 4:23.32 (+ 1.43) -

25m:	14.08	50m:	29.70 (15.62)
75m:	46.09 (16.39)	100m:	1:02.95 (16.86)
125m:	1:19.57 (16.62)	150m:	1:36.56 (16.99)
175m:	1:53.54 (16.98)	200m:	2:10.66 (17.12)
225m:	2:27.43 (16.77)	250m:	2:44.08 (16.65)
275m:	3:00.85 (16.77)	300m:	3:17.89 (17.04)
325m:	3:35.11 (17.22)	350m:	3:51.90 (16.79)
375m:	4:08.79 (16.89)	400m:	4:24.75 (15.96)

15  Sweetman ...

17  Howick Pak... +0.81

4:26.30
Entry: 4:21.81 (+ 4.49) Q

25m:	14.29	50m:	30.15 (15.86)
75m:	46.52 (16.37)	100m:	1:03.17 (16.65)
125m:	1:19.90 (16.73)	150m:	1:36.74 (16.84)
175m:	1:53.93 (17.19)	200m:	2:10.83 (16.90)
225m:	2:27.77 (16.94)	250m:	2:44.94 (17.17)
275m:	3:02.05 (17.11)	300m:	3:19.16 (17.11)
325m:	3:36.19 (17.03)	350m:	3:53.54 (17.35)
375m:	4:10.65 (17.11)	400m:	4:26.30 (15.65)


16  Finer Emilia

18  Neptune S... +0.74


4:26.42
Entry: 4:21.98 (+ 4.44) Q

25m:	14.63	50m:	31.00 (16.37)
75m:	47.47 (16.47)	100m:	1:04.42 (16.95)

125m: 1:21.36 (16.94)	150m: 1:38.16 (16.80)
175m: 1:55.09 (16.93)	200m: 2:12.00 (16.91)
225m: 2:29.01 (17.01)	250m: 2:45.95 (16.94)
275m: 3:02.99 (17.04)	300m: 3:19.94 (16.95)
325m: 3:36.99 (17.05)	350m: 3:53.98 (16.99)
375m: 4:10.65 (16.67)	400m: 4:26.42 (15.77)

17  McEwan Ta... 17  Mt Maunga... +0.75 **4:26.56** Q
Entry: 4:15.03 (+ 11.53)

25m: 14.40	50m: 30.37 (15.97)
75m: 46.64 (16.27)	100m: 1:03.46 (16.82)
125m: 1:20.20 (16.74)	150m: 1:37.10 (16.90)
175m: 1:53.91 (16.81)	200m: 2:11.08 (17.17)
225m: 2:28.07 (16.99)	250m: 2:45.17 (17.10)
275m: 3:02.26 (17.09)	300m: 3:19.75 (17.49)
325m: 3:36.64 (16.89)	350m: 3:53.74 (17.10)
375m: 4:10.54 (16.80)	400m: 4:26.56 (16.02)

18  Mazumdar ... 17 Barker Coll... +0.65 **4:26.61** Q
Entry: 4:28.25 (- 1.64)



25m: 13.45	50m: 29.13 (15.68)
75m: 45.19 (16.06)	100m: 1:02.04 (16.85)
125m: 1:18.56 (16.52)	150m: 1:35.50 (16.94)
175m: 1:52.92 (17.42)	200m: 2:10.24 (17.32)
225m: 2:27.62 (17.38)	250m: 2:45.17 (17.55)
275m: 3:02.36 (17.19)	300m: 3:19.72 (17.36)
325m: 3:36.65 (16.93)	350m: 3:53.76 (17.11)
375m: 4:10.57 (16.81)	400m: 4:26.61 (16.04)

19  Wilson Ava 15 Carterton S... +0.74 **4:26.75** Q
Entry: 4:28.52 (- 1.77)

25m: 14.11	50m: 30.16 (16.05)
75m: 46.64 (16.48)	100m: 1:03.34 (16.70)
125m: 1:20.10 (16.76)	150m: 1:37.08 (16.98)
175m: 1:54.36 (17.28)	200m: 2:11.59 (17.23)
225m: 2:28.59 (17.00)	250m: 2:45.78 (17.19)
275m: 3:03.02 (17.24)	300m: 3:20.27 (17.25)
325m: 3:37.33 (17.06)	350m: 3:54.54 (17.21)
375m: 4:11.36 (16.82)	400m: 4:26.75 (15.39)

20  Peters Chloe 15  Hamilton Aq... +0.68 **4:27.00** Q
Entry: 4:23.51 (+ 3.49)

25m: 13.87	50m: 29.37 (15.50)
75m: 45.42 (16.05)	100m: 1:01.88 (16.46)
125m: 1:18.72 (16.84)	150m: 1:35.60 (16.88)
175m: 1:52.63 (17.03)	200m: 2:09.76 (17.13)
225m: 2:26.98 (17.22)	250m: 2:44.24 (17.26)
275m: 3:01.57 (17.33)	300m: 3:18.93 (17.36)
325m: 3:36.25 (17.32)	350m: 3:53.28 (17.03)
375m: 4:10.41 (17.13)	400m: 4:27.00 (16.59)


21  Nicol Pippa 18  Mt Maunga... +0.82 **4:27.51** Q
Entry: 4:25.76 (+ 1.75)

25m: 14.28	50m: 30.36 (16.08)
75m: 46.82 (16.46)	100m: 1:03.40 (16.58)
125m: 1:20.33 (16.93)	150m: 1:37.29 (16.96)
175m: 1:54.09 (16.80)	200m: 2:11.46 (17.37)
225m: 2:28.55 (17.09)	250m: 2:45.88 (17.33)
275m: 3:02.86 (16.98)	300m: 3:20.16 (17.30)
325m: 3:37.04 (16.88)	350m: 3:54.20 (17.16)
375m: 4:11.00 (16.80)	400m: 4:27.51 (16.51)



22  Lawson Aly... 13  St Peter's S... +0.77 **4:29.81** Q
Entry: 4:45.85 (- 16.04)

25m: 14.13	50m: 30.33 (16.20)
75m: 47.47 (17.14)	100m: 1:04.47 (17.00)
125m: 1:21.87 (17.40)	150m: 1:39.34 (17.47)
175m: 1:57.20 (17.86)	200m: 2:14.53 (17.33)
225m: 2:31.96 (17.43)	250m: 2:49.51 (17.55)

275m: 3:07.29 (17.78) 300m: 3:24.91 (17.62)
325m: 3:41.76 (16.85) 350m: 3:58.71 (16.95)
375m: 4:15.10 (16.39) 400m: 4:29.81 (14.71)

23  Mignanelli (... 13 Tasmania +0.83 **4:29.91** Q
Entry: 4:34.19 (- 4.28)

25m: 14.93 50m: 31.51 (16.58)
75m: 48.37 (16.86) 100m: 1:05.38 (17.01)
125m: 1:22.54 (17.16) 150m: 1:39.64 (17.10)
175m: 1:56.81 (17.17) 200m: 2:14.12 (17.31)
225m: 2:31.16 (17.04) 250m: 2:48.42 (17.26)
275m: 3:05.72 (17.30) 300m: 3:23.16 (17.44)
325m: 3:40.24 (17.08) 350m: 3:57.53 (17.29)
375m: 4:14.24 (16.71) 400m: 4:29.91 (15.67)

24  Jameson S... 17  United Swi... +0.74 **4:31.46** Q
Entry: 4:30.32 (+ 1.14)

25m: 14.06 50m: 29.85 (15.79)
75m: 46.31 (16.46) 100m: 1:03.55 (17.24)
125m: 1:20.55 (17.00) 150m: 1:37.50 (16.95)
175m: 1:54.67 (17.17) 200m: 2:11.81 (17.14)
225m: 2:28.81 (17.00) 250m: 2:46.02 (17.21)
275m: 3:03.51 (17.49) 300m: 3:21.08 (17.57)
325m: 3:38.70 (17.62) 350m: 3:56.43 (17.73)
375m: 4:14.35 (17.92) 400m: 4:31.46 (17.11)

25  Hamblyn-O... 17  Coast Swi... +0.72 **4:33.03** Q
Entry: 4:26.64 (+ 6.39)

25m: 14.95 50m: 31.42 (16.47)
75m: 48.37 (16.95) 100m: 1:05.47 (17.10)
125m: 1:22.60 (17.13) 150m: 1:39.88 (17.28)
175m: 1:57.25 (17.37) 200m: 2:14.47 (17.22)
225m: 2:31.86 (17.39) 250m: 2:49.11 (17.25)
275m: 3:06.66 (17.55) 300m: 3:24.14 (17.48)
325m: 3:41.86 (17.72) 350m: 3:59.37 (17.51)
375m: 4:16.59 (17.22) 400m: 4:33.03 (16.44)

26  Macdonald ... 16 Enterprise ... +0.72 **4:33.29** -
Entry: 4:30.62 (+ 2.67)



25m: 14.13 50m: 30.13 (16.00)
75m: 46.54 (16.41) 100m: 1:03.16 (16.62)
125m: 1:20.05 (16.89) 150m: 1:37.61 (17.56)
175m: 1:54.88 (17.27) 200m: 2:12.59 (17.71)
225m: 2:30.14 (17.55) 250m: 2:47.65 (17.51)
275m: 3:05.08 (17.43) 300m: 3:23.00 (17.92)
325m: 3:40.65 (17.65) 350m: 3:58.55 (17.90)
375m: 4:16.13 (17.58) 400m: 4:33.29 (17.16)

27  Higgins (V)... 15 ACU Blackt... +0.72 **4:34.25** Q
Entry: 4:31.59 (+ 2.66)

25m: 14.30 50m: 30.25 (15.95)
75m: 46.74 (16.49) 100m: 1:03.57 (16.83)
125m: 1:20.49 (16.92) 150m: 1:37.93 (17.44)
175m: 1:55.37 (17.44) 200m: 2:12.81 (17.44)
225m: 2:30.42 (17.61) 250m: 2:48.09 (17.67)
275m: 3:05.66 (17.57) 300m: 3:23.80 (18.14)
325m: 3:41.69 (17.89) 350m: 3:59.67 (17.98)
375m: 4:17.26 (17.59) 400m: 4:34.25 (16.99)

28  Yamagami ... 14  Howick Pak... +0.70 **4:34.66** Q
Entry: 4:32.29 (+ 2.37)

25m:	14.26	50m:	30.54 (16.28)
75m:	47.80 (17.26)	100m:	1:05.29 (17.49)
125m:	1:22.74 (17.45)	150m:	1:40.16 (17.42)
175m:	1:57.61 (17.45)	200m:	2:15.36 (17.75)
225m:	2:32.74 (17.38)	250m:	2:50.53 (17.79)
275m:	3:08.26 (17.73)	300m:	3:26.02 (17.76)
325m:	3:43.82 (17.80)	350m:	4:01.21 (17.39)
375m:	4:18.59 (17.38)	400m:	4:34.66 (16.07)

29  van Veldhui... 15  Heretaunga... +0.73 **4:34.99** -
Entry: 4:30.83 (+ 4.16)

25m:	14.51	50m:	30.47 (15.96)
75m:	47.22 (16.75)	100m:	1:04.16 (16.94)
125m:	1:21.49 (17.33)	150m:	1:39.02 (17.53)
175m:	1:56.52 (17.50)	200m:	2:14.40 (17.88)
225m:	2:32.06 (17.66)	250m:	2:49.91 (17.85)
275m:	3:07.75 (17.84)	300m:	3:25.48 (17.73)
325m:	3:43.22 (17.74)	350m:	4:00.79 (17.57)
375m:	4:18.28 (17.49)	400m:	4:34.99 (16.71)

30  McIntosh Al... 14  Mt Wellingt... +0.71 **4:35.14** -
Entry: 4:36.24 (- 1.1)

25m:	14.37	50m:	30.71 (16.34)
75m:	47.88 (17.17)	100m:	1:05.25 (17.37)
125m:	1:23.11 (17.86)	150m:	1:41.11 (18.00)
175m:	1:59.04 (17.93)	200m:	2:17.04 (18.00)
225m:	2:35.14 (18.10)	250m:	2:53.19 (18.05)
275m:	3:11.19 (18.00)	300m:	3:28.75 (17.56)
325m:	3:46.13 (17.38)	350m:	4:03.28 (17.15)
375m:	4:19.94 (16.66)	400m:	4:35.14 (15.20)

31  Riley Ariella 15  Hamilton Aq... +0.79 **4:35.22** Q
Entry: 4:33.66 (+ 1.56)


25m:	14.58	50m:	31.09 (16.51)
75m:	47.97 (16.88)	100m:	1:05.41 (17.44)
125m:	1:22.91 (17.50)	150m:	1:40.97 (18.06)
175m:	1:58.64 (17.67)	200m:	2:16.55 (17.91)
225m:	2:34.38 (17.83)	250m:	2:51.60 (17.22)
275m:	3:08.97 (17.37)	300m:	3:26.76 (17.79)
325m:	3:44.50 (17.74)	350m:	4:02.24 (17.74)
375m:	4:19.20 (16.96)	400m:	4:35.22 (16.02)

32  Birkett Sar... 20  Heretaunga... +0.74 **4:35.48** Q
Entry: 4:28.86 (+ 6.62)

25m:	14.40	50m:	30.63 (16.23)
75m:	47.29 (16.66)	100m:	1:04.22 (16.93)
125m:	1:21.03 (16.81)	150m:	1:38.26 (17.23)
175m:	1:55.41 (17.15)	200m:	2:12.89 (17.48)
225m:	2:30.15 (17.26)	250m:	2:47.81 (17.66)
275m:	3:05.46 (17.65)	300m:	3:23.45 (17.99)
325m:	3:41.27 (17.82)	350m:	3:59.36 (18.09)
375m:	4:17.65 (18.29)	400m:	4:35.48 (17.83)



33  Bates Olivia 15  Howick Pak... +0.81 **4:35.59** Q
Entry: 4:36.54 (- 0.95)

25m:	15.19	50m:	32.20 (17.01)
75m:	49.50 (17.30)	100m:	1:06.86 (17.36)
125m:	1:24.33 (17.47)	150m:	1:41.85 (17.52)
175m:	1:59.55 (17.70)	200m:	2:17.25 (17.70)
225m:	2:34.59 (17.34)	250m:	2:52.07 (17.48)
275m:	3:09.60 (17.53)	300m:	3:27.17 (17.57)
325m:	3:44.31 (17.14)	350m:	4:01.58 (17.27)
375m:	4:18.91 (17.33)	400m:	4:35.59 (16.68)

34  Brock (V) T... 15 Tasmania +0.74 **4:35.73** Q
Entry: 4:33.91 (+ 1.82)

25m:	14.47	50m:	30.65 (16.18)
75m:	47.44 (16.79)	100m:	1:04.83 (17.39)

125m: 1:22.27 (17.44)	150m: 1:40.46 (18.19)
175m: 1:58.14 (17.68)	200m: 2:16.43 (18.29)
225m: 2:33.92 (17.49)	250m: 2:51.86 (17.94)
275m: 3:09.14 (17.28)	300m: 3:26.74 (17.60)
325m: 3:44.01 (17.27)	350m: 4:01.96 (17.95)
375m: 4:19.02 (17.06)	400m: 4:35.73 (16.71)

35  Smale Abbey 20  Wharenui S... +0.81 **4:37.76** Q
Entry: 4:34.21 (+ 3.55)

25m: 15.38	50m: 32.02 (16.64)
75m: 49.15 (17.13)	100m: 1:06.41 (17.26)
125m: 1:23.80 (17.39)	150m: 1:41.35 (17.55)
175m: 1:58.97 (17.62)	200m: 2:16.64 (17.67)
225m: 2:34.39 (17.75)	250m: 2:52.37 (17.98)
275m: 3:10.02 (17.65)	300m: 3:27.84 (17.82)
325m: 3:45.61 (17.77)	350m: 4:03.35 (17.74)
375m: 4:21.04 (17.69)	400m: 4:37.76 (16.72)

36  Lewis (V) H... 14 ACU Blackt... +0.70 **4:38.78** -
Entry: 4:40.39 (- 1.61)

25m: 14.54	50m: 31.18 (16.64)
75m: 48.26 (17.08)	100m: 1:05.57 (17.31)
125m: 1:23.18 (17.61)	150m: 1:40.82 (17.64)
175m: 1:58.76 (17.94)	200m: 2:16.38 (17.62)
225m: 2:34.02 (17.64)	250m: 2:51.55 (17.53)
275m: 3:09.83 (18.28)	300m: 3:27.95 (18.12)
325m: 3:46.40 (18.45)	350m: 4:04.66 (18.26)
375m: 4:22.59 (17.93)	400m: 4:38.78 (16.19)

37  MacDonald... 14  United Swi... +0.78 **4:38.80** -
Entry: 4:34.99 (+ 3.81)



25m: 14.45	50m: 30.85 (16.40)
75m: 48.02 (17.17)	100m: 1:05.53 (17.51)
125m: 1:23.19 (17.66)	150m: 1:40.82 (17.63)
175m: 1:58.47 (17.65)	200m: 2:16.63 (18.16)
225m: 2:34.66 (18.03)	250m: 2:52.65 (17.99)
275m: 3:10.82 (18.17)	300m: 3:28.99 (18.17)
325m: 3:47.17 (18.18)	350m: 4:05.23 (18.06)
375m: 4:23.30 (18.07)	400m: 4:38.80 (15.50)

38  Tweedie (V... 15 ACU Blackt... +0.62 **4:38.95** -
Entry: 4:36.26 (+ 2.69)

25m: 14.12	50m: 29.88 (15.76)
75m: 46.59 (16.71)	100m: 1:03.82 (17.23)
125m: 1:21.48 (17.66)	150m: 1:39.40 (17.92)
175m: 1:57.23 (17.83)	200m: 2:15.46 (18.23)
225m: 2:33.36 (17.90)	250m: 2:51.34 (17.98)
275m: 3:09.83 (18.49)	300m: 3:28.28 (18.45)
325m: 3:46.29 (18.01)	350m: 4:04.05 (17.76)
375m: 4:22.18 (18.13)	400m: 4:38.95 (16.77)

39  Reynolds ... 15  Howick Pak... +0.83 **4:39.10** Q
Entry: 4:35.05 (+ 4.05)


25m: 14.98	50m: 31.22 (16.24)
75m: 48.15 (16.93)	100m: 1:05.22 (17.07)
125m: 1:22.77 (17.55)	150m: 1:40.11 (17.34)
175m: 1:57.91 (17.80)	200m: 2:15.42 (17.51)
225m: 2:33.36 (17.94)	250m: 2:51.06 (17.70)
275m: 3:09.63 (18.57)	300m: 3:27.74 (18.11)
325m: 3:45.92 (18.18)	350m: 4:04.07 (18.15)
375m: 4:22.15 (18.08)	400m: 4:39.10 (16.95)

40  Davoren Is... 15  Mt Maunga... +0.70 **4:40.10** Q
Entry: 4:35.85 (+ 4.25)

25m: 14.72	50m: 31.66 (16.94)
75m: 48.49 (16.83)	100m: 1:05.79 (17.30)
125m: 1:23.07 (17.28)	150m: 1:40.66 (17.59)
175m: 1:58.26 (17.60)	200m: 2:15.98 (17.72)
225m: 2:33.85 (17.87)	250m: 2:51.57 (17.72)

275m: 3:09.09 (17.52) 300m: 3:26.99 (17.90)
325m: 3:44.15 (17.16) 350m: 4:00.79 (16.64)
375m: 4:22.21 (21.42) 400m: 4:40.10 (17.89)


41  Carter Scout

15  Ice Breaker... +0.72

4:42.32
Entry: 4:41.47 (+ 0.85)

25m: 15.73 50m: 32.66 (16.93)
75m: 50.16 (17.50) 100m: 1:08.13 (17.97)
125m: 1:26.00 (17.87) 150m: 1:44.19 (18.19)
175m: 2:02.18 (17.99) 200m: 2:20.49 (18.31)
225m: 2:38.73 (18.24) 250m: 2:56.92 (18.19)
275m: 3:15.01 (18.09) 300m: 3:32.94 (17.93)
325m: 3:50.71 (17.77) 350m: 4:08.52 (17.81)
375m: 4:25.78 (17.26) 400m: 4:42.32 (16.54)

42  Baker Gen...

14  SwimZone ... +0.75

4:42.66
Entry: 4:45.35 (- 2.69)

25m: 14.86 50m: 31.86 (17.00)
75m: 49.10 (17.24) 100m: 1:06.73 (17.63)
125m: 1:24.47 (17.74) 150m: 1:42.46 (17.99)
175m: 2:00.49 (18.03) 200m: 2:18.97 (18.48)
225m: 2:37.05 (18.08) 250m: 2:55.41 (18.36)
275m: 3:13.21 (17.80) 300m: 3:31.51 (18.30)
325m: 3:49.53 (18.02) 350m: 4:07.58 (18.05)
375m: 4:25.34 (17.76) 400m: 4:42.66 (17.32)

43  Cochran Je...

16 Pukekohe ... +0.68

4:42.97
Entry: 4:32.95 (+ 10.02) -

25m: 14.67 50m: 31.27 (16.60)
75m: 48.24 (16.97) 100m: 1:05.89 (17.65)
125m: 1:23.78 (17.89) 150m: 1:41.92 (18.14)
175m: 2:00.14 (18.22) 200m: 2:18.69 (18.55)
225m: 2:36.73 (18.04) 250m: 2:55.05 (18.32)
275m: 3:13.45 (18.40) 300m: 3:31.80 (18.35)
325m: 3:49.87 (18.07) 350m: 4:08.16 (18.29)
375m: 4:25.74 (17.58) 400m: 4:42.97 (17.23)

44  Pearson A...

15  Mt Maunga... +0.58

4:43.63
Entry: 4:40.02 (+ 3.61)

25m: 14.87 50m: 31.66 (16.79)
75m: 48.90 (17.24) 100m: 1:06.46 (17.56)
125m: 1:24.23 (17.77) 150m: 1:42.14 (17.91)
175m: 2:00.18 (18.04) 200m: 2:18.38 (18.20)
225m: 2:36.50 (18.12) 250m: 2:54.78 (18.28)
275m: 3:12.95 (18.17) 300m: 3:31.29 (18.34)
325m: 3:49.38 (18.09) 350m: 4:07.65 (18.27)
375m: 4:25.98 (18.33) 400m: 4:43.63 (17.65)


45  Gwiazdzins...

14 Stratford Fl... +0.73

4:44.11
Entry: 4:39.88 (+ 4.23)



25m: 14.96 50m: 31.93 (16.97)
75m: 49.36 (17.43) 100m: 1:07.11 (17.75)
125m: 1:25.02 (17.91) 150m: 1:43.06 (18.04)
175m: 2:01.49 (18.43) 200m: 2:19.70 (18.21)
225m: 2:37.88 (18.18) 250m: 2:56.15 (18.27)
275m: 3:14.34 (18.19) 300m: 3:32.36 (18.02)
325m: 3:50.45 (18.09) 350m: 4:08.43 (17.98)
375m: 4:26.60 (18.17) 400m: 4:44.11 (17.51)

46  King Hannah


17  Aquagym S... +0.74

4:44.80
Entry: 4:33.00 (+ 11.8)



25m: 15.19	50m: 32.03 (16.84)
75m: 49.39 (17.36)	100m: 1:07.04 (17.65)
125m: 1:24.97 (17.93)	150m: 1:42.90 (17.93)
175m: 2:00.86 (17.96)	200m: 2:18.76 (17.90)
225m: 2:36.86 (18.10)	250m: 2:55.08 (18.22)
275m: 3:13.60 (18.52)	300m: 3:31.98 (18.38)
325m: 3:50.39 (18.41)	350m: 4:08.79 (18.40)
375m: 4:26.97 (18.18)	400m: 4:44.80 (17.83)

47  Phillips (V) ... 14  ACU Blackt... +0.74 **4:45.06**
Entry: 4:38.70 (+ 6.36)

25m: 14.74	50m: 31.21 (16.47)
75m: 48.46 (17.25)	100m: 1:06.59 (18.13)
125m: 1:24.45 (17.86)	150m: 1:42.85 (18.40)
175m: 2:00.81 (17.96)	200m: 2:19.18 (18.37)
225m: 2:36.92 (17.74)	250m: 2:55.19 (18.27)
275m: 3:13.19 (18.00)	300m: 3:31.85 (18.66)
325m: 3:50.14 (18.29)	350m: 4:08.90 (18.76)
375m: 4:27.13 (18.23)	400m: 4:45.06 (17.93)

48  Nelson Holly 15  North Shor... +0.73 **4:45.39**
Entry: 4:32.22 (+ 13.17)


25m: 14.90	50m: 31.37 (16.47)
75m: 48.23 (16.86)	100m: 1:05.53 (17.30)
125m: 1:23.13 (17.60)	150m: 1:41.14 (18.01)
175m: 1:59.56 (18.42)	200m: 2:18.36 (18.80)
225m: 2:37.04 (18.68)	250m: 2:55.93 (18.89)
275m: 3:14.33 (18.40)	300m: 3:33.13 (18.80)
325m: 3:51.96 (18.83)	350m: 4:10.69 (18.73)
375m: 4:27.83 (17.14)	400m: 4:45.39 (17.56)

49  McDowell ... 16  Ashburton ... +0.72 **4:46.02**
Entry: 4:38.81 (+ 7.21)

25m: 15.73	50m: 32.82 (17.09)
75m: 50.27 (17.45)	100m: 1:08.10 (17.83)
125m: 1:25.88 (17.78)	150m: 1:43.95 (18.07)
175m: 2:01.91 (17.96)	200m: 2:20.33 (18.42)
225m: 2:38.34 (18.01)	250m: 2:56.74 (18.40)
275m: 3:15.17 (18.43)	300m: 3:33.65 (18.48)
325m: 3:52.02 (18.37)	350m: 4:10.37 (18.35)
375m: 4:29.01 (18.64)	400m: 4:46.02 (17.01)

50  Shuker Meg 18  Pukekohe ... +0.66 **4:46.41**
Entry: 4:38.40 (+ 8.01)

25m: 14.57	50m: 30.78 (16.21)
75m: 47.84 (17.06)	100m: 1:05.29 (17.45)
125m: 1:22.91 (17.62)	150m: 1:40.91 (18.00)
175m: 1:58.83 (17.92)	200m: 2:17.14 (18.31)
225m: 2:35.54 (18.40)	250m: 2:54.30 (18.76)
275m: 3:12.90 (18.60)	300m: 3:31.50 (18.60)
325m: 3:50.42 (18.92)	350m: 4:09.41 (18.99)
375m: 4:28.36 (18.95)	400m: 4:46.41 (18.05)

51  Walling Po... 15  Heretaunga... +0.78 **4:49.08**
Entry: 4:41.83 (+ 7.25)

25m: 14.99	50m: 31.89 (16.90)
75m: 49.25 (17.36)	100m: 1:06.90 (17.65)
125m: 1:24.64 (17.74)	150m: 1:42.83 (18.19)
175m: 2:00.95 (18.12)	200m: 2:19.35 (18.40)
225m: 2:37.57 (18.22)	250m: 2:56.05 (18.48)
275m: 3:14.64 (18.59)	300m: 3:33.57 (18.93)
325m: 3:52.24 (18.67)	350m: 4:11.28 (19.04)
375m: 4:30.31 (19.03)	400m: 4:49.08 (18.77)

52  Hingston Fr... 16  United Swi... +0.65 **4:52.90**
Entry: 4:38.30 (+ 14.6)

25m: 14.35	50m: 30.35 (16.00)
75m: 47.23 (16.88)	100m: 1:04.93 (17.70)

125m: 1:23.06 (18.13)	150m: 1:42.16 (19.10)
175m: 2:00.88 (18.72)	200m: 2:19.77 (18.89)
225m: 2:39.49 (19.72)	250m: 2:59.22 (19.73)
275m: 3:18.04 (18.82)	300m: 3:36.85 (18.81)
325m: 3:56.24 (19.39)	350m: 4:15.44 (19.20)
375m: 4:34.78 (19.34)	400m: 4:52.90 (18.12)

53  Maltai-Spe...


13  Evolution A... +0.70

4:57.73

Entry: 4:48.87 (+ 8.86)

25m: 15.09	50m: 32.16 (17.07)
75m: 50.33 (18.17)	100m: 1:08.74 (18.41)
125m: 1:27.10 (18.36)	150m: 1:45.73 (18.63)
175m: 2:04.51 (18.78)	200m: 2:23.42 (18.91)
225m: 2:41.81 (18.39)	250m: 3:01.71 (19.90)
275m: 3:20.89 (19.18)	300m: 3:40.01 (19.12)
325m: 3:59.30 (19.29)	350m: 4:18.79 (19.49)
375m: 4:38.53 (19.74)	400m: 4:57.73 (19.20)

54  Gibbs Meg...

13  Tawa Swim... +0.82

5:01.51

Entry: 4:48.64 (+ 12.87)

25m: 15.25	50m: 32.30 (17.05)
75m: 50.31 (18.01)	100m: 1:09.10 (18.79)
125m: 1:28.00 (18.90)	150m: 1:47.30 (19.30)
175m: 2:06.50 (19.20)	200m: 2:25.76 (19.26)
225m: 2:45.40 (19.64)	250m: 3:05.01 (19.61)
275m: 3:24.47 (19.46)	300m: 3:44.26 (19.79)
325m: 4:03.85 (19.59)	350m: 4:23.44 (19.59)
375m: 4:42.75 (19.31)	400m: 5:01.51 (18.76)